CAMP UPDATE: PARENT MEETING

There will be a Parent Meeting on Thursday 8 August in the Library at 3:15pm to hand out the itinerary and answer any questions you may have. If you can’t make it I will send the itinerary home and we can talk on the phone or you can drop in and ask any questions.

Last week you should have received the Medical and Consent Form, can you please ensure this is returned as soon as possible.

Thank you to all those parents who have finalised payment for the camp. Douglas is away for the rest of the week. We will not be able receipt any further payments until next Monday.

SCHOOL WORKING BEE

I would like to thank those parents who turned up to the working bee on Sunday. We had nine people attend and a huge amount of work was completed but we still have more to do. We are planning to tidy up the entrance into the school and mulch and add some colour to the gardens.

I would like to thank the Walters family who donated their time, their bob cat and truck. They also organised a commercial mulcher which was invaluable.

SCHOOL OPINION SURVEY

We still have some outstanding envelopes that haven’t been returned to School. Could you please send them in to the Office or give us a call if you have completed the form online.

Thank You.

HEALTHY SCHOOL UPDATE

The school has been fortunate to receive a $1000 from Smart Choices Tuckshop and Canteen Makeover grant. This money will be used to purchase a juicer and food dehydrator. We plan to trial the most suitable juice and this will be offered on the tuckshop menu. Similarly we intend to determine the tastiest combination of fruits to make fruit straps in the dehydrator. If you have any recipes or advice please let us know.

I have been working with zazen, a company which supplies alkaline water in schools free of charge. I am pleased to announce that our school has been accepted into the program from 2014. They have 2 key goals:

1. ACCESS: Simply, they provide zazen Essential Water systems free to primary school classrooms so children have access to high quality water … all day, every day.

2. EDUCATION: Aids and lessons are provided so children can experience the “Secret of Water” and how it can improve the way they feel, behave and perform.

In this way, the Program contributes to improving the overall performance, health and wellbeing of all children.

Free Systems in Classrooms

The zazen Essential Water system is used to:

Educate children on the “Secret of Water”
Demonstrate Mother Nature’s Water Cycle in the classroom
Help children develop healthy drinking habits

www.zazenessentialwater.com.au
COMING EVENTS

AUGUST
07 Aug  Colour day Theme Stripes
08 Aug  Parent Meeting Canberra Camp
09 Aug  Raw Art
14 Aug  P & C meeting 7pm

ATHLETICS

We would like to congratulate those children who represented the School at the Canungra and District Athletics Carnival last Friday. All children performed well and we are extremely proud of their efforts. The following children have qualified to attend the Gold Coast North District Trials which are being held on 7th and 8th August: Desi, Bella, Tane B, Byron and William. Congratulations and we wish you all the best in your events.

PLEASE HELP US!!!

We need a few more helpers in the Tuckshop. Last Wednesday Jenny Slingsby stepped in at the last minute to help with packing the boxes and handing out lunches. On Friday Joy Carter, Suzanne Noakes and Karen Hartley came to the rescue. If the lunches are late then the children spend most of their lunch time standing in line outside the tuckshop instead of eating. Bringing staff into the Tuckshop to help takes them away from the work they have to do at School. A Big thank you ladies from the Staff, Students and Kathleen for your help last week.

TUCKSHOP ROSTER

<table>
<thead>
<tr>
<th>TUCKSHOP ROSTER</th>
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<tbody>
<tr>
<td>Wed 31st July</td>
<td>Vicki Bouwer</td>
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<tr>
<td>Fri 02 Aug</td>
<td>Janine Van B</td>
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<tr>
<td>Wed 07 Aug</td>
<td>Volunteer needed</td>
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<tr>
<td>Fri 09th Aug</td>
<td>Kerry Murphy</td>
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<tr>
<td>Wed 14th Aug</td>
<td>Vicki Bouwer</td>
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<tr>
<td>Fri 16th Aug</td>
<td>Michelle Moyce</td>
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<tr>
<td>Wed 21st Aug</td>
<td>Volunteer needed</td>
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<tr>
<td>Fri 23rd Aug</td>
<td>Janine Van B</td>
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TUCKSHOP MENU

The Tuckshop menu has recently been updated. At this stage the old menu is still on the website but Douglas will fix that up when he comes back from sick leave. We have two new menu items

- Chicken Noodle Cup 60g  $2.50
- Nachos (with Salsa and Cheese)  $3.00

Attached to today’s newsletter is a copy of the updated 2013 Tuckshop menu.

UNIFORM NEWS

The Uniform shop is open every Friday from 8.15am until 8.45am.

Thanks Janine

MOUTAINS MATES MUTTERINGS

your Beechmont State School P&C Assn.

Outside School Hours Care Service
Ph. 55459124 or a/h 0417775741
email-mountainmates@bigpond.com

Welcome to week 3. I am back from a delightful week in Bali. It was great to see the children so excited to here about my trip. (Even the Bali Belly).

Our Monday afternoon group are busy preparing for an exciting performance involving puppetry and a play. Be prepared to receive a very special invitation for the end of Term 3.

We are entering a photomontage at the State QCAN conference and require some permission forms signed to allow us to have photos of your children on our montage. They will only be visible to the Conference participants and not for public viewing. Please check at Mountain Mates for your permission form.

Kim, Janine, Clare & Kara are attending the QCAN childcare conference in 2 weeks. This conference runs for 3 days and is filled with important and creative opportunities for everyone involved. We hope to come home with some great enthusiasm.

From Kim, Janine, Clare, Kara & Christie. Your Mountain Mates Team.
NEWS FROM THE TEACHERS

YEAR 1/2 CLASS

As part of the Fire Safety program we have been asked to make sure the children all know their address and have discussed with their parents a fire plan. You will notice that this has been incorporated into this week’s homework. As you help them draw a floor plan of home, please mark in exits and discuss with them evacuation routes in case of fire.

In Literacy the children have been enjoying role playing different characters from our new picture book “Stellaluna”. They are enthusiastically vying for a place in the hot seat to answer questions as one of the characters. In Math we are looking at Data collection and representation with tallies, tables and graphs.

There was no parade last week and so no awards were announced.

If there is anything you wish to discuss you are welcome to contact me on 55459100 or kpryo8@eq.edu.au

Wishing you all a good week,
Kerry Pryor

Once upon a time there was a dark lake it was found by the animals. It became their home. Every night they heard a strange song it was a harp. It made the light bugs come out. The light they made was bright and yellow light. One day a man came and started to build his house he took over the lake. The animals became very thirsty. Then all the animals remembered about the strange song. One of the animals played the Harp and all the fire and light bugs crashed the house. And no more people built their houses there again.

Author: Becky Bennett Year 1

Once upon a time one explorer he was walking through the rainforest. He saw a beautiful river. He sat by the riverbank. He noticed an old harp. So he swam over to the harp. He did not know there were all sorts of things that could easily eat him but then he saw them. So he swam as fast as he could. There were goblins and one reached out to get him. Suddenly he saw it. He tried and tried. And he got out. He got to the harp. It was bad so he swam back past the goblins and to the bank. But he got tangled but he had a knife in his pocket so he got it out and cut the leaves and got safely home.

Author: Tilly Miller Year 1

YEAR 3/4 CLASS

A new homework sheet will be handed out on Friday 2-08-13. For the remainder of this week the children will need to continue working on their spelling lists, practising their number facts and doing their daily reading. Some children will also need to continue with their Science research (See below).

In Science this week, we have been working hard on our research of planets in the solar system. The children are working in pairs to research two planets in our solar system. They are gathering information, constructing a short report and presenting this to the class next week. Some children may need to finish gathering their information at home if this was not completed in class time.

In History, we have been looking at life in the past in the local area. We are currently investigating housing in the past and discussing the changes over time and the aspects that have remained the same. We have also begun to read a historical recount of the arrival of the First Fleet in Australia in order to see how life has changed over the past 225 years.

Have a great week. Regards, Dan Albright
dalbr1@eq.edu.au

YEAR 5/6 CLASS

As part of our technology this term, the children will be designing and creating a Rube Goldberg machine - a moving masterpiece that demonstrates cause and effect. To make this machine, children will need a variety of recyclable materials from home. If you have any clean bottles, lids, piping, boxes or anything that could be used for this project, we would greatly appreciate your donations. If you are interested in seeing what a Rube Goldberg machine can do, you can surf the YouTube site for clips on machines already made.

Our history this semester will also have many elements of most of the other key learning areas associated with it, as the children are going to make a video clip of an interview with a famous Australian person – almost traveling back in time. We are hoping to have a documentary day to share the clips with the school as well as with parents who are available to attend. A big thank you goes to Mr. Roberts for enabling us to purchase video cameras to make this task possible.

Have a great week, Regards.
Katie and Joyce
kmann38@eq.edu.au  jbour96@eq.edu.au
YEAR 6/7 CLASS

The Year 6/7 class is continuing to work hard on writing their motivational persuasive speeches for the Public Speaking competition. They have been working looking at a wide variety of persuasive techniques and selecting the most effective ones for the message they are trying to convey. The instant recall of number facts continues to hamper the mathematical progress of many students and is something that needs to be practised on a nightly basis. Students are choosing their own set of facts each week to work on and improve. We have all set personal goals for the next 3 weeks and will be working hard towards achieving these. Please ask you child to share these goals with you and ask them about how they are going to achieve them.

Have a great week.

Have a great week!! Regards
Tanya Stanley tstan15@eq.edu.au &
Crichton Roberts crobe60@eq.edu.au

SOCCER NEWS

Great soccer on Saturday with three wins and a draw to Beechmont.

Away games this week, check on line for clubs and times.

All monies are required to be finalised for both team photos and season fees.

Please give to Julie or myself at training

For further information contact Rich 5533 1227 or Anita at info@manakithomes.com.au
Beechmont Netball Club News

Another fantastic week of games with an amazing 28-1 win by the Eagles. With finals only 6 weeks away these girls are certainly coming into some fantastic form at the right time!! The Saints were not so lucky, defeated by a very strong Jets team. The girls put in a great effort but were unable to match them for the full 40 minutes. Unfortunately the Bandicoots were also defeated by Jets, going down by only 4 goals in a very hard fought match. Our Netta team, the Tigers, continue to go from strength to strength, with the girls displaying excellent development in their skills and court play.

August 18th is the annual SCNA Club Carnival and we are hoping to nominate all 4 of our junior teams. Could you please check your calendars and let either your coach or Greg know this week whether you will be committing to this day.

At the time of writing, game times for this week were unavailable. Please check the SCNA website (www.scna.org.au) or the noticeboard at school as we will post them as soon as they are available.

See you at the courts ☺

HAVE YOUR SAY AS PART OF THE WORKING PARENTS RESEARCH PROJECT

Researchers from the University of Queensland are looking for working parents to take part in a survey looking at the effects of working life on Queensland children and families. We are particularly interested in Fly-in/Fly-out (FIFO) and Drive-in/Drive-out (DIDO) workers but value and encourage input from all kinds of working parents. The survey will only take around 30-45 minutes to complete. Your involvement will help the field to learn more about the effects of different work circumstances and settings on children and families. Your participation will also assist in developing ways to properly support working parents in the future.

- Are you a working parent?
- Do you have a child aged between 2 and 12 years?
- Are you willing to provide 30-45 minutes of your time?

For further information and to take part in the survey, please visit: https://exp.psy.uq.edu.au/workingparents

All participating parents will be eligible to enter a draw to win 1 of 10 $100 Coles/Myer gift cards!

BEECHMONT FITNESS CLASSES NOW ON

Circuit/Boxercise Combo Classes have started at Beechmont! If you’d like to get fitter, leaner, stronger and have fun – all in time for the return of Spring and Summer – then come along to your local fitness classes at the Hall on Graceleigh:
Mondays 3pm (men and women)
Wednesdays 3pm (women)
Wednesdays 4.15pm (men and women)
Kids are welcome too! $15 adults for a great 1 hour workout; $5 for kids (must be supervised by parents)
Bookings or more information call Sally on 0412 682 008 or email: salmackinnon@bigpond.com

These classes are run by the local health and fitness service Your Fitness Friend (Sally MacKinnon), a fully qualified and experienced fitness instructor and personal trainer: http://yourfitnessfriendgc.blogspot.com.au